Mel is a physiotherapist with 18 years’ experience working in public and private health, across acute, sub-acute and community settings in geriatric orthopaedic rehabilitation and complex aged care, with a particular interest in exercise prescription and falls prevention.  Mel is an early career researcher having completed her PhD in 2017 through Monash University Department of Physiotherapy.  Mel’s thesis investigated the development of scales to rate the intensity of balance exercise training.

Mel is currently the Allied Health Education Lead for the Workforce Innovation, Strategy, Education & Research (WISER) Unit, Monash Health and holds an honorary Senior Lecturer position in Department of Physiotherapy at Monash University.  Mel’s research interests include balance exercise prescription and the use and efficacy of education as an intervention in falls prevention research.

Mel has been a member of the ANZFPS Education subcommittee since 2014, served on the 2016 ANZFPS Conference organising committee, and as a general committee member since 2016 with the Student/ECR portfolio.  Mel would like to continue the work of increasing networking and support for research higher degree students and ECRs through the Society in the term ahead.