



PROGRAM

(at 23rd November 2016, subject to change)

Sunday 27th November 2016

- 1.30pm – 4.30pm **Pre Conference Workshops**
- A. Using education interventions in falls research: a framework for evidence based education design**
A/Prof Debra Kiegaldie, Melanie Farlie
Location: Yarra Room A, Melbourne Park Function Centre
- B. Fall prevention for older Aboriginal people: lessons from the Ironbark Aboriginal Fall Prevention Project**
Julieann Coombes, Norma Jean Turner, Prof Rebecca Ivers and Caroline Lukaszyk
Location: Yarra Room B, Melbourne Park Function Centre
- C. Practical exercise prescription and implementation to prevent falls in older adults**
Prof Cathie Sherrington, A/Prof Anna Barker, A/Prof Anne Tiedemann and Dr Nicola Fairhall
Location: Yarra Room C, Melbourne Park Function Centre
- D. Put ideas into action through co-creation with older people – a stimulating challenge in clinical work and research**
Prof Marlene Sandlund and Prof Lillemor Lundin-Olsson
Location: Yarra Room D, Melbourne Park Function Centre
- 4.30pm – 5.00pm **Student Welcome with the Conference Convenor**
Meet at registration desk in Skyline/River Room, Melbourne Park Function Centre
- 5.00pm – 7.00pm **Registration & Welcome Reception**
Skyline/River Room, Melbourne Park Function Centre

PROGRAM - Day 1**Monday 28th November 2016**8.00am **Registration****Session 1:****Plenary****Chair: Terry Haines**

8.55am

Ministerial Welcome
The Hon. Mary Wooldridge

Leader of the Opposition in the Legislative Council; Leader of the Liberal Party in the Legislative Council; Shadow Minister for Health

9.10am

Welcome from the President
Professor Cathie Sherrington

President, Australian & New Zealand Falls Prevention Society

9.15am

International Keynote Speaker: Preventing hospital falls: balancing vigilance, autonomy, cost and gravity
Professor Ronald Shorr

Director, Geriatric Research Education & Clinical Center, Malcom Randall VAMC; Research Professor, Department of Epidemiology, University of Florida, USA

10.00am

MOVE: Physical activity and falls in older people during inpatient rehabilitation
Dr Cathy Said

Director of Physiotherapy Research, Austin Health; Senior Research Fellow, The University of Melbourne; Adjunct Associate Professor, La Trobe University, VIC

10.30am

Gold Sponsor Address
Martin Burns

General Manager Healthcare, Dimension Data

10.40am

Tribute to Prof John Campbell
Professor Stephen Lord and Professor Ngaire Kerse**10.50am – 11.15am Morning Tea****Session 2:****Concurrent****11.15am – 1.00pm**

	2A: Preventing - Development and Evaluation of Interventions	2B: Engaging - Involvement and Engagement of People	Session 2C: Implementing - Policy and Practice
Chair:	<i>Anne Tiedemann</i>	<i>Morag Taylor</i>	<i>Anna Barker</i>
Location:	<i>Park Room</i>	<i>Yarra Room 1</i>	<i>Yarra Room 2</i>
11.15am-11.30am	Exercise to prevent falls in older adults: an updated systematic review and meta-analysis <i>Prof Cathie Sherrington</i>	Use of a serious game for teaching falls prevention in physiotherapy Students <i>Mr Antonio Petta</i>	Hip fracture and influence of dementia on rehabilitation functional outcomes for older people <i>Dr Rebecca Mitchell</i>

	2A continued	2B continued	2C continued
11.30am – 11.45am	Cochrane review update: interventions for preventing falls in older people in care facilities and hospitals Dr Claire Panagoda	Students' responses to a simulated interprofessional education intervention to teach falls prevention Dr Cylie Williams	Barriers and facilitators to implementation of the RESPOND falls prevention program: a qualitative study Ms Rebecca Morris
11.45am – 12.00pm	A new model of care offered to non-transported older fallers to reduce subsequent falls, fall-related injury and health service use Dr Stefanie Mikolaizak	Falling in hospital – what the patients say Ms Stephanie Gettens	Barriers and enablers to improving access to community based strength and balance programs Ms Rachel Meade
12.00pm – 12.15pm	Developing and trialling a fall prevention program for older Aboriginal people Ms Julieann Coombes	Engaging older men in fall prevention: advice from older men Dr Jeannine Liddle	Australia and New Zealand Hip Fracture Registry (ANZHFRR) - the New Zealand implementation progress Dr Shankar Sankaran
12.15pm – 12.30pm	Evaluating the impact of a falls prevention community of practice on falls Ms Jacqueline Francis-Coad	The context of clinical practice at the time of an inpatient fall Dr Melanie Jessup	Tripping the balance: assessing psychotropic prescriptions and falls risk Dr Samuel Ogenis and Dr Devaki Walloppillai
12.30pm – 12.45pm	Effectiveness of Falls Prevention Intervention Programme in community-dwelling older people in Thailand Dr Plaiwan Suttanon	Communicating healthy ageing messages to older Australians- what do older people value? Ms Carolyn Loton	Halving broken hips in hospital - the New Zealand experience Ms Sandy Blake
12.45pm – 1.00pm	A comparison of falls risk screening tools in the emergency department by an allied health care coordination team Ms Sara Pearson	Tai Chi and Qigong exercises for post-operative joint replacement patients' rehabilitation in hospital Mr Gary Khor	Rescuing a falling patient the experiences of health professionals Ms Louise Whitby

1.00pm – 2.00pm Lunch / Poster Viewing

Session 3: Concurrent 2.00pm – 3.30pm

	3A: Understanding - Mechanisms and Aetiology of Falls	3B: Preventing - Development and Evaluation of Interventions	3C: Engaging - Involvement and Engagement of People
Chair:	<i>Lindy Clemson</i>	<i>Daina Sturnieks</i>	<i>Anne-Marie Hill</i>
Location:	<i>Park Room</i>	<i>Yarra Room 1</i>	<i>Yarra Room 2</i>
2.00pm- 2.15pm	The great balancing act – perspectives of older people on fall risk Ms Kristy Robson	Yoga-based exercise improves balance and mobility in people aged 60 and over: a systematic review and meta-analysis A/Prof Anne Tiedemann	Investigating the feasibility, acceptability and accuracy of SMS text messaging to collect falls data Ms Laura Sellick

5.30pm

Close of Day One

7.00pm

Conference Dinner

Melbourne Cricket Ground (MCG)

Jim Stynes Room, Level 2, Via Gate Entry 3

PROGRAM - Day 2**Tuesday 29th November 2016**8.00am **Conference Registration****Session 5: Plenary Chair: Stephen Lord**

8.30am **Walking is a challenging balancing task!**
Professor Jorunn Helbostad
 Department of Neuroscience, Faculty of Medicine, Norwegian University of Science and Technology and Clinic for Clinical Services, St. Olav University Hospital, Trondheim Norway

9.15am **Preventing falls from the ground up: the role of the podiatrist**
Professor Hylton Menz
 NHMRC Senior Research Fellow, School of Allied Health, College of Science, Health and Engineering, La Trobe University, VIC

9.45am **Fracture incidence and prediction, Life and Living in Advanced age; A Cohort Study in New Zealand (LiLACS NZ)**
Professor Ngaire Kerse
 Professor and Head of School of Population Health, University of Auckland, NZ

10.15am – 10.45am Morning Tea**Session 6: Concurrent 10.45am – 12.30pm**

	6A: Implementing - Policy and Practice	6B: Understanding - Mechanisms and Aetiology of Falls	6C: Engaging - Involvement and Engagement of People
Chair:	<i>Anna Hatton</i>	<i>Tim Xu Tianma</i>	<i>Amy Tan</i>
Location:	<i>Park Room</i>	<i>Yarra Room 1</i>	<i>Yarra Room 2</i>
10.45am – 11.00am	Fall-related hospitalisation in people with Parkinson's Disease Prof Colleen Canning	Gait adaptability impairment is an indicator of fall risk in older people Prof Stephen Lord	Concerns of older people recruited to an evidence based falls prevention program "Stepping On" after falling Ms Megan Swann
11.00am – 11.15am	Context-specific falls prevention roadmap using local data Ms Sue Williams	Investigating daily fatigue on balance and gait in older people Dr Daina Sturnieks	Dignity of risk in falls prevention and associated impacts on carers Mr Richard Adams
11.15am – 11.30am	Reducing fall incidents during therapy through Work Safety Induction Programme for new staff at St Luke's Hospital (Singapore) Ms Musliha Mohsain	Fall-related TBI in older people: characteristics, outcomes and transition to residential care Dr Lara Harvey	Everyone has a role in falls prevention Ms Rebecca Lewin

	6A continued	6B continued	6C continued
11.30am-11.45am	Development of a handheld health information tool to support timely update of bedside visual cues to prevent falls in hospital Ms Ruth Teh	Longitudinal study of falls and physical and cognitive performance in older people with mild to moderate Dementia Dr Morag Taylor	'Nothing endures but change': understanding the nexus between safety climate and patient safety outcomes Dr Sze-Ee Soh
11.45am-12.00pm	Development of ALiFE, an Adapted Lifestyle-Integrated Functional Exercise Program for young-old adults at risk of functional decline: the PreventIT Project Prof Lindy Clemson	Association between balance confidence and time to complete functional mobility assessments in lower extremity amputees: a cross-sectional study Dr Susan Hunter	Personal Alert Victoria Falls Prevention Project: PAV client perceptions and experiences of falls and falls prevention interventions Dr Darshini Ayton
12.00pm-12.15pm	5x5 Presentations Assessing the validity of the Peninsula Health FRAT in the acute setting Ms Joanna Jellett	Between-person and within-person variability in 25-hydroxyvitamin D, physical activity, knee pain and falls risk Saliu Balogun	5x5 Presentations Exploring issues influencing the use of the Falls Risk Assessment Tool (FRAT) by nurses at Peninsula Health Ms Diana Clayton
12.15pm-12.30pm	A student led community Falls Risk Assessment Clinic Ms Joyti Zwar Are falls always worth preventing? Prof Terry Haines Confusion and falls – where to now? Ms Lorraine Lovitt	Risk factors for falls in community stroke survivors: a systematic review and meta-analysis Mr Tianma Xu	Applied Tai Chi - reviewing a sustainable model for a 'Train the Trainer' falls prevention Ppogram Mr Rod Ferguson "If they can do it then so can I!" Ms Sally Castell

12.30pm – 1.30pm Lunch / Poster Viewing
12.40pm – 1.30pm ANZFPS AGM

Session 7: Concurrent 1.30pm – 3.00pm

	7A: Engaging - Involvement and Engagement of People	7B: Preventing - Development and Evaluation of Interventions	7C: Understanding - Mechanisms and Aetiology of Falls
Chair:	<i>Melanie Farlie</i>	<i>Saliu Balogun</i>	<i>Jasmine Menant</i>
Location:	<i>Park Room</i>	<i>Yarra Room 1</i>	<i>Yarra Room 2</i>
1.30pm-1.45pm	Engaging a whole primary care "village" to prevent falls: general practice, allied health and patients Dr Amy Tan	A Point Prevalence Study of Peripheral Intravenous Cannulation and Fluid Therapy Mr Kelvin Wong	Where and when: following the trends of falls on the medical assessment unit Ms Qian Fen Joy Koh

	7A continued	7B continued	7C continued
1.45pm-2.00pm	Providing falls prevention education for older people using a peer-led approach A/Prof Anne-Marie Hill	Implementing multidisciplinary intervention to prevent falls for subacute patients at risk of falling Ms Kym Corn	Adding to confusion and falls risk – bed moves for hospitalised older adults Prof Keith Hill
2.00pm-2.15pm	Circumstances, experiences and perceptions of older adults presenting to emergency departments with a fall Penny O'Brien	The development and rollout of a falls prevention concept ward Ms Anna McRae	Exploring the relationship between falls and behaviour and psychological symptoms of Dementia Ms Sze Hui Jean Lim
2.15pm-2.30pm	The association between past falls and self-rated balance on the setting of balance-related goals among community-dwelling older people Ms Juliana Souza de Oliveira	Active balance: is it too risky? Ms Rachel Meade	Timed up and go test phases in older people with mild cognitive impairment: a comparison between fallers and non-fallers Ms Juliana Ansai
2.30pm-2.45pm	Re-thinking the person's role within person-centered fall prevention for older adults Mr Michael Lo Bianco	5x5 Presentations Falls prevention with better footwear practises in aged care facilities Ms Lorraine Hanna	5x5 Presentations Change in gait speed during six months between faller and non-faller older people with mild Alzheimer's Disease Ms Juliana Ansai
2.45pm-3.00pm	Harnessing community engagement to reduce the risks of falls Ms Niccola Follett	A novel exercise initiative for older adults to reduce falls risk and improve physical function: a randomized controlled trial Ms Myrla Sales The science of footwear Mr Ernest Tye From restraints to non-restraints Mr John Bromberger	Falls in adults with Cerebral Palsy – preventable or inevitable? A/Prof Prue Morgan Factors associated with fear of falling in community-dwelling older adults Mr Peter Sirr Falls at Aged Acute Inpatient Mental Health Units: an 18-month analysis Mr Trentham Furness

**3.00pm – 3.30pm Afternoon Tea
 Tai Chi for Balance Exercises session**

Session 8:**Plenary**Chair: **Cathie Sherrington**

- 3.30pm **Using the brain to achieve physical gain**
Professor Jacqueline Close
Consultant Geriatrician, Prince of Wales Hospital; Director, Falls and Injury Prevention Group, NeuRA, UNSW, NSW
- 4.00pm **Thinking on your feet – the interplay between cognition, gait and falls**
Dr Michele Callisaya
Menzies Institute for Medical Research, University of Tasmania, TAS; Southern Clinical School, Monash University, Clayton, VIC
- 4.30pm **2018 Australian and New Zealand Falls Prevention Conference**
- 4.35pm **Debrief**
- 4.40pm **Prizes**
Best Oral Presentation
Best Student Oral Presentation
Best Poster Presentation
- 4.50pm **Farewell and Close**
- 5.00pm **Close of Conference**