



PROGRAM

(correct at 21st September, subject to change)

PROGRAM - Day 1

Sunday 18th November 2018

1.00pm – 4.00pm

Pre-Conference Workshops:

- A. Implementing fall prevention in general practice – using the iSOLVE decision tool and resources**
Prof Lindy Clemson, A/Prof Lynette Mackenzie, Amy Tan, Jeannine Liddle
- B. A multidisciplinary approach to dizziness in older people**
Dr Jasmine Menant, Ms Daniela Meinrath, A/Prof Mark Latt, A/Prof Kim Delbaere
- C. Reading falls research: workshop for health practitioners and policy makers**
Prof Cathie Sherrington, A/Prof Anne Tiedemann
- D. Fall Play – adding variety into falls exercise programs**
Ms Sally Castell
- E. Exercise to prevent falls – using strength and balance training to prevent falls and improve quality of life**
Prof Andrew Hills, Ms Jennie Hewitt, Mr Craig Wilson

4.00pm – 4.30pm

Early Career Researchers/Student Welcome with the Conference Convenor
Meet at registration desk

Session 1: Plenary

4.30pm

Preventing falls in hospitals and aged care facilities: Innovation, policy, practice and negative trials
Prof Terry Haines, Monash University, School of Primary and Allied Health Care, Melbourne, VIC

5.00pm

ANZFPS Overview

5.15pm – 7.15pm

Registration & Welcome Reception
Trade Exhibition area, Hotel Grand Chancellor Hobart

PROGRAM - Day 2

Monday 19th November 2018

8.00am Registration Desk Opens

Session 2: Plenary

8.55am Ministerial Welcome / Welcome to Country

9.10am Welcome from the President

Prof Cathie Sherrington, President, Australian and New Zealand Falls Prevention Society

9.15am John Campbell International Keynote Speaker

Future directions for evidence based falls prevention practice

Prof Sarah (Sallie) Lamb, Director, Centre for Statistics in Medicine; Foundation Director, Oxford Clinical Trials Research Unit (OCTRU), Section Head, Statistics and Epidemiology; Director, Centre for Rehabilitation Research in Oxford; Deputy Director, Oxford Biomedical Research Unit, Kadoorie Professor of Trauma Rehabilitation, University of Oxford; and Professor of Rehabilitation, Warwick Clinical Trials Unit, University of Warwick, Oxford, UK

10.00am “Standing Tall” – an engaging home-based exercise program using mobile technology for preventing falls

A/Prof Kim Delbaere, Principal Research Scientist, Neuroscience Research Australia; School of Public Health and Community Medicine, Faculty of Medicine, University of New South Wales, Sydney, NSW

10.30am Travel Fellowship winner announcement and presentation

10.45am – 11.15am Morning Tea

Session 3: Concurrent 11.15am – 1.00pm

	3A: Slips, trips, vision impairment	3B: Preventing falls in the community	3C: Falls in Asia
11.15am-11.30am	Individual Participants' Variability in Slipping Risk Assessment – What Should We Measure and Report? <i>Dr Tuire Karaharju-Huisman</i>	Exercise for Preventing Falls in Community-dwelling Older People: Cochrane Collaboration Systematic Review <i>Prof Cathie Sherrington</i>	<i>Symposium: Knowledge and Beliefs on Falls in Middle-aged and Older Adults in Singapore</i> Fall Prevalence and Perceptions Among Community-dwelling Middle-aged and Older Adults in Singapore <i>Dr Pey June Tan</i>
11.30am – 11.45am	Estimating the Probability of Slipping – A Novel Perspective <i>Dr Tuire Karaharju-Huisman</i>	Promoting Physical Activity and Fall Prevention with Health Coaching and Activity Trackers <i>Ms Catherine Kirkham</i>	Gendered Perceptions Towards Falls Among Older Adults Living in the Community <i>Dr Peter Tay</i>
11.45am – 12.00pm	Reactive Step Training to Improve Responses to Slips and Trips in Older Adults: A Double-blind Randomized Controlled Trial <i>Dr Yoshiro Okubo</i>	PreventIT: a Feasibility RCT of a Lifestyle-integrated Activity Intervention in Young Seniors by Use of ICT or an Instructor. <i>Dr Stefanie Mikolaizak</i>	Framework for Fall Prevention Program Development and Implementation in Singapore <i>Dr Chek Hooi Wong</i>
12.00pm – 12.15pm	The Adaptation and Evaluation of an Exercise-based Falls Prevention Program for Older Adults with Vision Impairment <i>Ms Lisa Dillon</i>	Pilot Cluster-randomized Trial of an Online Continuation Program for Stepping On Graduates <i>Prof Lindy Clemson</i>	Factors Associated with Falls in Community-Dwellers Aged 55 Years and over in the Malaysian Elders Longitudinal Research Study <i>Dr Maw Pin Tan</i>
12.15pm – 12.30pm	Exploring Activity Counts As a Measure of Exposure to Falls for Older People with Vision Impairment and Blindness <i>A/Prof Lisa Keay</i>	Engagement in Falls Prevention Strategies After Receiving Tailored Education: a Process Evaluation <i>Mrs Chiara Naseri</i>	Piloting the Stepping On After Stroke Fall Prevention Program in Singapore: A Feasibility Study <i>Mr Tianma Xu</i>

12.30pm – 1:00pm	<p>Guided poster tour (8 posters – 2 sessions)</p> <p>Session 1</p> <ul style="list-style-type: none"> • Understanding (Risk Factors) <ul style="list-style-type: none"> ○ Concerns About Falling Affect Daily-life Walking Activities in Older Men and Women. <i>Dr Kim van Schooten</i> ○ Is the QuickScreen© a Useful Predictor of Falls in Brazilian Older Women? <i>Silvia GR Neri</i> • Preventing (Development and Evaluation of Interventions) <ul style="list-style-type: none"> ○ Do Footwear Styles Increase Falls Risk in Older Adults? A Systematic Review. <i>Ms Annette Davis</i> ○ Do Interventions That Target Freezing of Gait in Parkinson's Disease Prevent Falls? <i>Miss Amber Gunn</i> <p>Session 2</p> <ul style="list-style-type: none"> • Engaging (Involvement and Engagement of People) <ul style="list-style-type: none"> ○ 'Hopping' Towards Falls Prevention! <i>Ms Katrina Baikie</i> ○ Reducing Early Morning Falls; It's in the Timing. <i>Ms Hilary Hodgson</i> • Implementing (Policy and Practice) <ul style="list-style-type: none"> ○ Falls – The Ones We Leave Behind. <i>Ms Michelle Price</i> ○ Implementing a Mobile Fall Prevention Clinic: Evidence and Lessons from Fraser Health. <i>Ms Ronda Field</i>
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1.00pm – 2.00pm Lunch / Poster Viewing

Session 4: Concurrent 2.00pm – 3.30pm

	4A: Engaging (Involvement and Engagement of People)	4B: Preventing falls in the community	4C: Preventing falls in clinical groups and hospitals
2.00pm-2.15pm	Engaging Physiotherapists in Falls Prevention Procedural Education Using a New Conceptual Framework <i>Dr Melanie Farlie</i>	Foot Problems as a Risk Factor for Falls in Community-dwelling Older People: a Systematic Review <i>Prof Hylton Menz</i>	Falls Prevention for Older Adults After Hospital: A Systematic Review and Meta-analysis. <i>Mrs Chiara Naseri</i>
2.15pm – 2.30pm	Supporting the Fall Prevention Practice of Allied Health Professionals Working in Primary Care <i>Professor Lindy Clemson</i>	Difficulty Managing Stairs at Discharge from Rehabilitation Predicts Falls at Home <i>Dr Ann Rahmann</i>	The UMDEX Study: Effects of Exercise on Falls in Older People with Dementia Living in Nursing Homes <i>Dr Annika Toots</i>
2.30pm-2.45pm	Fall Prevention Educational Sessions for General Practice: Approaches from ISOLVE Trial <i>Dr Amy Tan</i>	Exercise to Prevent Falls Among People with Diabetes: Review and Cost Analysis <i>Dr Claudia Meyer</i>	Effect on Spatiotemporal Gait Parameters of Learning to Use a Wheeled Walker in Alzheimer's Dementia <i>Dr Susan Hunter</i>
2.45pm-3.00pm	The Impact of Training Non-allied Health Professionals About Falls Prevention Exercises. <i>Mrs Sonya Clark</i>	Risk of Falls in Patients with Diabetes Mellitus <i>Mrs Asha Wettasinghe</i>	Cochrane Review Update: Falls Prevention in Care Facilities and Hospitals <i>Dr Suzanne Dyer</i>

	Session 4a continued	Session 4b continued	Session 4c continued
3.00pm-3.15pm	Leading from the Front. A Multilevel Executive Nursing Approach to Falls Prevention <i>Mrs Penny Claxton</i>	Vision Impairment and Gait Speed in Fear of Falling Amongst Older Adult <i>Mr Hidehiko Shirooka</i>	Characteristics, Health Outcomes and Costs of Traumatic Spinal Injury Among Older and Younger Individuals <i>A/Prof Rebecca Mitchell</i>
3.15pm-3.30pm	Australian and Welsh Residents Views About Falls and Falls Prevention <i>Dr Jacqueline Francis-Coad</i>	Podiatry Interventions to Prevent Falls in Older People: Systematic Review and Meta-analysis <i>Prof Hylton Menz</i>	Falls in Children and Adolescents with Charcot-Marie-Tooth Disease: A Six-month Prospective Study <i>Ms Rachel Kennedy</i>

3.30pm – 4.00pm Afternoon Tea

Session 5: Plenary

- 4.00pm **Falls and Older Men- do we really need to think about things differently in men?**
Vasi Naganathan, Centre for Education and Research on Ageing, Concord Hospital, Sydney, Faculty of Medicine and Health, University of Sydney, Sydney, NSW
- 4.30pm **Falls after hospital discharge – providing patient education**
A/Prof Anne-Marie Hill, School of Physiotherapy and Exercise Science, Curtin University, Perth, WA
- 5.00pm **Training voluntary and reactive stepping for fall prevention**
Dr Daina Sturnieks, Neuroscience Research Australia, UNSW Medicine, Sydney, NSW
- 5.30pm **Close of Day One**
- 7.00pm **Conference Dinner**

PROGRAM - Day 3**Tuesday 20th November 2018**8.00am **Registration Desk Opens****Session 6: Plenary**

8.30am **International Keynote Speaker**
Fall brain: cognitive and biological perspectives
Dr Joe Verghese, Professor of Neurology and Medicine, Albert Einstein College of Medicine, Bronx, New York, USA

9.15am **Combining physical activity promotion and fall prevention for healthy ageing**
A/Prof Anne Tiedemann, The University of Sydney; Faculty of Medicine and Health, Sydney School of Public Health, Institute for Musculoskeletal Health, Sydney, NSW

9.45am **International falls prevention evidence: Gaps and translation issues**
Prof Keith Hill, Head of School of Physiotherapy and Exercise Science, Curtin University, Perth, WA

10.15am – 10.45am Morning Tea**Session 7: Concurrent 10.45am – 12.15pm**

	7A: Implementing programs (Policy and Practice)	7B: Musculoskeletal conditions, pain and falls	7C: Understanding (Brain Mechanisms and Falls)
10.45am – 11.00am	Making Falls Prevention Routine in General Practice: Perspectives of General Practitioners <i>A/Prof Lynette Mackenzie</i>	The Feasibility and Safety of High Speed Resistance and Balance Training for People with Knee Osteoarthritis to Reduce Falls Risk <i>Associate Professor Pazit Levinger</i>	Effect of Multi-tasking on Walking in Adults with Alzheimer's Dementia Experienced in Mobility Aid Use <i>Dr Susan Hunter</i>
11.00am – 11.15am	Systematic Review of Intervention Studies with GP Involvement in Falls Prevention for Community Dwelling Older People <i>A/Prof Lynette Mackenzie</i>	Associations Between Osteoarthritis, Falls and Quality of Life in Older People <i>Dr Sumaiyah Mat</i>	Multifactorial Fall-Risk Assessment: Cognition and Affect Contribute to the Prediction of Future Falls <i>Dr Kim van Schooten</i>
11.15am- 11.30am	Preventing Falls in Community Care: 10 Years On <i>Dr Elissa Burton</i>	What are the Risk Factors for Falls and Fractures in People with Osteoarthritis? Data from the Osteoarthritis Initiative <i>Dr Sze-Ee Soh</i>	White Matter Hyperintensity Volume Predicts Prospective Falls in Older People with Dementia <i>Dr Morag Taylor</i>

	<i>Session 7a continued</i>	<i>Session 7b continued</i>	<i>Session 7c continued</i>
11.30am-11.45am	Feasibility Evaluation of a Rapid Response Advanced Practice Allied Health Falls Clinician <i>Miss Lisa Oakley</i>	Knee Pain Severity is Associated with Increasing Falls Risk in Among Older Community-Dwelling Dwellers Adults: Results from the Malaysian Elders Longitudinal Research (MELoR) <i>Dr Sumaiyah Mat</i>	Motor and Prefrontal Cortical Activation During a Complex Stepping Task in Older People <i>Mr Paulo Pelicioni</i>
11.45am-12.00pm	Do Falls Incident Reports Adequately Explain How and Why Hospital Falls Occur? <i>A/Prof Anne-Marie Hill</i>	Prospective Associations Between Multi-site Pain and Falls in Community-dwelling Older Adults <i>Dr Saliu Balogun</i>	Medical, Sensorimotor and Cognitive Factors Associated with Change in Gait Variability <i>Ms Oshadi Jayakody</i>
12.00pm-12.15pm	Removing Risk Score from Falls Risk Assessment Does Not Impact Inpatient Falls <i>Mrs Diana Clayton</i>	Examining Falls Prevalence and Risk Factors in Adults One-year After Total Hip Arthroplasty <i>Dr Susan Hunter</i>	Attention/processing Speed is a Better Predictor of Fall-related Fractures Than Executive Function <i>Dr Lara Harvey</i>

12:15 pm – 1:15pm Lunch / Poster Viewing

12.30pm – 1.15pm ANZFPS AGM

Session 8: Concurrent 1.15pm – 2.45pm

	8A: Understanding and Preventing Falls	8B: Learnings from Successful and Unsuccessful Falls Prevention Studies Across Settings	8C: Understanding (Mechanisms and Aetiology of Falls)
1.15pm-1.30pm	Relationship Between Dizziness Burden and Falls in Middle-aged and Older People <i>Dr Jasmine Menant</i>	<i>Symposium: Learnings from successful and unsuccessful falls prevention studies Across Settings</i>	Factors Associated with Steps Per Day in People Aged 60+: a Regression Analysis <i>Dr James Wickham</i>
1.30pm-1.45pm	"I'm Dizzy": An Advanced Practice Model of Care for Vestibular Patients <i>Mrs Philippa Pearce</i>	The SunBeam Program for Falls Prevention in Residential Aged Care: Results and Implications from a Cluster Randomised Controlled Trial <i>Dr Jennie Hewitt</i>	Dietary Patterns with Muscle Strength, Balance and Falls in Middle-aged Women <i>Dr Feitong Wu</i>
1.45pm-2.00pm	The Value of Developing a Falls Prevention Exercise Video for Older Adults <i>Ms Chloe Macri</i>	LiLCAS NZ Project <i>Prof Ngaire Kerse</i>	Sedentary Time is Associated with Increased Risk of Falls in Middle-aged Women <i>Dr Feitong Wu</i>
2.00pm-2.15pm	Feasibility of Using iPads and the StandingTall App to Deliver Home-based Exercise in Older People with Dementia <i>Dr Morag Taylor</i>	Learnings from Successful and Unsuccessful Fall Prevention Trials in the Hospital Setting <i>Prof Keith Hill</i>	Dietary Patterns and Falls Risk in Tasmanian Older Adults: a Longitudinal Study <i>Ms Hoa Hong Nguyen</i>
		Fall Prevention in Different Populations by Choosing Different Approaches <i>A/Prof Ellen Freiburger</i>	

	Session 8a continued	Session 8b continued	Session 8c continued
2.15pm-2.30pm	The Fantastic Falls Formula. A Multi-faceted Approach to Falls Prevention <i>Ms Samina Ali</i>	5x5 Presentations 2.15pm – 2.20pm Changes in Balance Control During Exertional Walking Assessments in Adults with Chronic Obstructive Pulmonary Disease <i>Mr David Carter</i>	5x5 Presentations 2.15pm – 2.20pm Mrs Dean's Story: A Consumer Collaboration to Reduce Injury <i>Mrs Niccola Follett</i>
2.30pm-2.45pm	Analysis of Paediatric Patient Falls and Development of Falls Prevention Strategies Within a Paediatric Hospital and Community Healthcare Setting <i>Ms Jasmine Kellaway</i>	2.20pm – 2.25pm Individual Factors That Impact Safe Dynamics on a Ladder <i>Ms Erika Pliner</i>	2.20pm – 2.25pm A Collaborative Approach to Reduce the Use of Benzodiazepines in High Falls Risk Patients <i>Mr Peter Falloon</i>
		2.25pm – 2.30pm Balance Assessment by Physiotherapists Working in Older Adult Health - Survey of Clinical Practice in Canada and Australia <i>Dr. Susan Hunter</i>	2.25pm – 2.30pm Excellence in Care – Applying an Internal Coaching Model to Inpatient Falls Prevention <i>Mr Michael Fahy</i>
		2.30pm – 2.35pm The Tasmanian Electronic Falls Ascertainment Tool (TASeFALL) – A Pilot Study <i>Dr Saliu Balogun</i>	2.30pm – 2.35pm Live Well Logan – Enhancing Inpatient Awareness of Community Activity Programs <i>Miss Jacinta Foster</i>
		2.35pm – 2.40pm Is Safe Footwear a Thing? Falls, Footwear and Older Adults. <i>Ms Annette Davis</i>	2.35pm – 2.40pm Translation and Validation Study of the Chinese Version Iconographical Falls Efficacy Scale - Short Version (Icon-FES) <i>Ms Po Wan Polly Chan</i>
		2.40pm – 2.45pm Fear of Falling and Low-Grade Inflammation in Sarcopenic Obese Older Women <i>A/Prof. Ellen Freiberger</i>	2.40pm – 2.45pm The NSW Falls Prevention Network: 25 Years of Sharing Falls Prevention Information <i>Dr Esther Vance</i>

2.45pm – 3:10pm Afternoon Tea

Session 9: Plenary

- 3:10pm **Integrated solutions for sustainable fall prevention in primary care, the iSOLVE implementation project: Lessons learnt, future directions and challenges ahead**
Prof Lindy Clemson, Professor in Ageing & Occupational Therapy, Faculty of Health Sciences, The University of Sydney; Charles Perkins Centre Active Ageing Research Node Leader; Investigator, ARC Centre of Excellence in Population Ageing Research, Sydney, NSW
- 3:40pm **2020 Australian and New Zealand Falls Prevention Conference**
- 3:45pm **Prizes**
Best Oral Presentation
Best Student Oral Presentation
Best Poster Presentation
- 3:55pm **Farewell and Close**
- 4:00pm **Close of Conference**